## JANUARY 2025

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
HeART Social Profit Compo HEAR HEART EARTh the ART of being	HeARTh Social Pr. #102, 10029 - Grande P. www.dmgdomd	97 Avenue rairie	1 2025 No Programs	2 1:00pm-3:00pm Karaoke \$3	3	4 1:00pm-3:00pm Dungeons & Dragons FREE
5	6	7 9:30am-11:30am DBE Class \$10 11:30am-12:00pm Lunch & Learn FREE 1:00pm-3:00pm Music & Movement \$2	8 10am-12pm HeARTh Band JAM SESSION \$5 1:00pm-3:00pm ART \$5	<ul> <li>9 9:30am-12:00pm Art of BEing \$10</li> <li>1:00pm-3:00pm Karaoke \$3</li> </ul>	10	11
2	13	14 9:30am-11:30am DBE Class \$10 11:30am-12:00pm Lunch & Learn FREE 1:00pm-3:00pm Music & Movement \$2	15 10am-12pm B.E. Social Club FREE 1:00pm-3:00pm ART \$5	16 9:30am-12:00pm Art of BEing \$10 1:00pm-3:00pm Karaoke \$3	17	18 1:00pm-3:00pm Dungeons & Dragons FREE
9	20	21 9:30am-11:30am DBE Class \$10 11:30am-12:00pm Lunch & Learn FREE 1:00pm-3:00pm Music & Movement \$2	22 10am-12pm HeARTh Band JAM SESSION \$5 1:00pm-3:00pm ART \$5	23 9:30am-12:00pm Art of BEing \$10 1:00pm-3:00pm Karaoke \$3	24	25
26	27	28 9:30am-11:30am DBE Class \$10 11:30am-12:00pm Lunch & Learn FREE 1:00pm-3:00pm Music & Movement \$2	29 10am-12pm B.E. Social Club FREE 1:00pm-3:00pm ART \$5	30 9:30am-12:00pm Art of BEing \$10 1:00pm-3:00pm Karaoke \$3	<sup>31</sup> HeARTh Dance 7:00pm - 11:00pm	
		Happy	New	Year?		